

Keeping Your Child Safe From Burns

More than 400 children go to emergency rooms for burn injuries every day.¹ Don't let your child be one of them.

Prevent chemical burns.²

A chemical burn can result from contact with a liquid, powdered or solid chemical. These burns can be worse than they look because of the harmful effect of chemicals on the skin. Here are ways to prevent chemical burns:

- Lock up cleaning products such as bleach, paint remover and toilet, oven and drain cleaners. Store these out of your child's reach.
- Lock up house and garden supplies like plaster, mortar and fertilizer.
- Don't use fireworks. Even sparks from sparklers can cause serious burns.
- After using toxic products, clean and throw away containers.

Prevent hot-water burns.³

Read these tips to stop your child from getting hot-water burns:

- Turn the hot-water heater down or ask your landlord to make sure that your hot water is no more than 120 degrees.
- Make sure your child's bath water is lukewarm before putting your child in the tub. Place your wrist or elbow in the water to check it. Always stay with young children at bath time.
- Get knob covers or face your child away from the faucets. Your child will be less likely to turn on the hot water this way.
- Do not eat, drink or carry hot things while you hold your child.
- Put your child in a child safety chair away from the stove while you cook. Turn pot handles to the back of the stove.
- Keep your child away from space heaters and radiators.



What should you do if your child gets a burn?⁴

Stay calm and act fast. Note the type of burn and where it occurs on the body. Here's what to do next:

- If your child has been burned badly by hot water or a chemical, call 911. Run cool water over the burned area. Do not use ice.
- To treat a less serious chemical burn, call the Poison Control Center at **1-800-222-1222**. Have the product container with you so that you can describe what's in it.
- See a doctor if burns occur on the face, hands, sensitive areas or feet.
- See a doctor for any burn on an infant.

You can protect your child from getting burns.

Reduce the danger of burns by making your home safe. Talk to your doctor or nurse for more facts. Or call the National Safety Council at **1-800-621-7619**. You also can visit online at **www.nsc.org**.



BlueChoice HealthPlan Medicaid

Customer Care Center: **1-866-781-5094**

TTY line: **1-866-773-9634**

MedCall®: **1-866-577-9710**

TTY line: **1-800-368-4424**

www.bluechoicescmedicaid.com

TTY lines are only for members with hearing and speech loss.



Sources: ¹Medline Plus, *Medical Encyclopedia – Chemical Burn or Reaction* (Accessed August 2009):

<http://www.nlm.nih.gov/medlineplus/ency/article/000059.htm>

²Centers for Disease Control and Prevention, *Protect the Ones You Love – Burns* (Accessed August 2009): http://www.cdc.gov/SafeChild/Fact_Sheets/Burns%20Fact%20Sheet-a.pdf

^{3,4}Medline Plus, *Medical Encyclopedia – Burns* (Accessed August 2009): <http://www.nlm.nih.gov/medlineplus/ency/article/000030.htm>

This information is being provided for general information purposes only and is not the practice of medicine or a substitute for the independent medical judgment of a treating physician. Only a treating physician can determine what treatment is appropriate for a patient.

BlueChoice HealthPlan is an independent licensee of the Blue Cross and Blue Shield Association. ® BlueChoice, BlueCross, BlueShield and the Cross and Shield symbols are registered marks of the Blue Cross and Blue Shield Association.

® MedCall is a registered mark of WellPoint, Inc.

Medicaid managed care administered by WellPoint Partnership Plan, LLC, an independent company. ©2010

0607 SC0009382 2/10