

*Keeping Your Home a Safe Place**

Home should be a safe place, but it's where many accidents happen. Follow these tips to keep your family safer.

Prevent fires, falls and emergencies.

Always keep emergency numbers by the telephone. Call **911** if a child is choking, collapses, can't breathe, is having a seizure or any other emergency. If you think your child has been poisoned, call **1-800-222-1222**. Also:

- Keep pills, vitamins, mouthwash, alcohol, beauty supplies, cleaning supplies, razors, curling irons, hair dryers and bug sprays in a locked cabinet out of reach.
- Keep space heaters away from children and away from beds, paper and curtains.
- Install smoke alarms in every room and test them once a month. Change the batteries twice a year.
- Install a carbon monoxide alarm. Carbon monoxide is an odorless yet harmful gas produced by burning fuel. Change the batteries twice a year.
- Install stops or guards on windows. Keep furniture away from windows to limit children's access.
- If very young children are in the house, put padding around sharp corners, furniture and counters.
- Tape or tack down loose rugs.
- Pick up clutter off the floor.
- Keep children away from the stove and microwave. Always keep pot handles turned toward the back of the stove.
- Keep curtain and blind cords out of the reach of children.
- Cover unused electrical outlets with plastic plugs.
- Always stay with children in or near pools. Use gates that close and latch by themselves.



We are here to help you.

If your child gets hurt, try not to panic. Call your doctor. You also can call our Customer Care Center or MedCall®, the 24-hour nurse help line for more information. Remember, keep emergency numbers posted near your phone. To find out more about child safety, go online to www.cpsc.gov.



BlueChoice HealthPlan Medicaid
Customer Care Center: 1-866-781-5094
TTY line: 1-866-773-9634
MedCall®: 1-866-577-9710
TTY line: 1-800-368-4424
www.bluechoicescmedicaid.com
TTY lines are only for members with hearing and speech loss.



Source: *U.S. Consumer Product Safety Commission, *Childproofing Your Home: 12 Safety Devices to Protect Your Children* (Accessed August 2009): <http://www.cpsc.gov/CPSCPUB/PUBS/252.pdf>

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